

Required Insurance Information

All campers must have their own medical coverage. The Camp provides only excess coverage after your insurance policy has been utilized. Campers will not be allowed to play unless the following information is submitted and the form signed by the parent or guardian of the camper.

Camper/Policy Applicant Name: _____

Camper's Social Security # _____

Insurance Provider: _____

Policy Number: _____

Emergency Contact Phone #: _____

Waiver Statement

I/We the undersigned, hereby certify that I (we) am (are) the parent or legal guardian of the camper. I hereby give permission for the staff of the Carolina Tennis School to seek, during the period of the camp, appropriate medical attention to be given and for the camper to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all costs of medical coverage policy.

I/We the undersigned, for ourselves, our heirs, executors and administrators, waive, release and forever discharge Carolina Tennis School and its staff, officers, agents, employees, representatives, successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participation in Camp activities or while at Camp, whether or not damages, injury or loss is due to negligence. I/We the undersigned, for ourselves, our heirs, executors and administrators, waive, release and forever discharge The University of North Carolina at Chapel Hill and its staff, officers, agents, employees, representatives, successors and assigns from any and all liability, claims, demands, actions and causes of actions whatsoever arising out of or related to any loss, personal injury or property damage that may be sustained or occur during participation in Camp activities or while at Camp.

Camper Signature

Date

Parent/Legal Guardian Signature

Date

Each camper will be required to fill out a standard preparticipation physical evaluation form before arriving at camp. The form will be sent to you upon receipt of your application.

CAROLINA TENNIS SCHOOL
510 MEADOWMONT VILLAGE CR.
BOX 301
CHAPEL HILL, NC 27517-7584



The Best Facilities and Instruction
in America's #1 College Town!



Carolina Tennis School Summer 2009

19th Year at the
UNIVERSITY OF NORTH CAROLINA
Directed by Coaches Sam Paul
and Brian Kalbas



Day AND Overnight Camps for ages 9-17

<u>Week 1</u>	June 10-14
<u>Tournament Week 1</u>	June 15-19
<u>Week 2</u>	June 21-25
<u>Tournament Week 2</u>	June 28-July 2
<u>Week 3</u>	July 5-9
<u>Week 4</u>	July 12-16

Contact us through e-mail:
info@carolinatennisschool.com
or Phone: (919) 929-7000
www.carolinatennisschool.com

General Information

We are pleased to offer six sessions of tennis camps this year, two of which are designated tournament player camp for those players who are tournament level or high school players. Please register early as all weeks completely sold out last year. The Carolina Tennis School is designed for boys and girls **ages 9-17**. Individual instruction is provided by a one-to-five teacher-student ratio. **Normal camp sessions** (Non-tournament weeks) focus primarily on drills and technique with some match play. Applications are processed on a first-come, first-serve basis, as space is limited. Features of all camp sessions include:

- Video analysis of stroke production and technique
- Strategies for singles and doubles play
- Footwork, running and agility drills
- Camp t-shirt and certificate
- Round Robin Tournament

Typical Daily Schedule

7:30 am Breakfast
8:30 am Warm-up, Instructional Rotations
11:30 am Lunch/Rest Period
2:00 pm Drills/Match Play Rotations
5:30 pm Dinner/Rest Period

Typical Evening Schedule

Day 1 Groupings & Scheduling
Day 2 Movie Night
Day 3 Game Night/Bowling
Day 4 Game Night

What You Can Look Forward to...

- ◆ Air Conditioned Rooms at Granville Towers
- ◆ Granville's dining room offers all-you-can eat entrees and the following at every meal: salad/deli bar, ice cream/yogurt machine, cereal and fruit station.
- ◆ Tours of Franklin Street
- ◆ Bowling, Movies, Video Games, Ping Pong, Pool
- ◆ Daily stretching, flexibility and conditioning
- ◆ On site racquet stringing
- ◆ Exhibition match featuring ATP and college players
- ◆ Camp transportation to and from the courts
- ◆ State of the art video equipment and playback

Overnight/Day Options

The overnight option includes three meals daily and an air conditioned double occupancy room. One roommate and two suitemates can be requested. Occasionally, space limitations may necessitate three campers sharing a room. The day option begins at 8:30 a.m. and ends at 5 p.m. Please drop off and pick up your child in the Indoor Tennis Center Lobby promptly. Lunch is included in the cost for day campers. The overnight session is \$650.00 and the day camp is \$370.00.

Campers will reside at Granville Towers once again this summer. This facility, located centrally on Franklin Street, is a popular off-campus residence for UNC students during the academic year. Campers will eat meals on-site at Granville's all-you-can eat dining room.

Family and friends are encouraged to attend our final camp session on the last day of camp (approximately 3:30 pm) at the Tennis Center. Special awards recognizing outstanding campers will also be presented. Parents are also welcome to watch their child play at any time during the week.

Tournament Player Camp

We have two weeks of tournament camp. These weeks are heavily oriented toward match play. Players who are on their high school tennis teams or have a current USTA state or sectional ranking make up the majority of the enrollment. This camp emphasizes the tactical and strategic side of tennis and focuses on singles and doubles matchplay. In addition, there will be a more intense fitness component where our world class trainers will work to improve footwork, movement, and flexibility. Each camper will have their play videotaped and analyzed.

Items to Bring to Camp

All Campers

- Tennis Shoes (No Running or Black Soled Shoes)
- 2 Racquets, if possible
- Grip Tape or string (optional)
- Visor/Baseball Cap/Sunscreen/Court Towels
- Extra t-shirts/socks
- Snack/souvenir money
- Water bottle/small jug

Overnight Campers Only

- Bed linens/light blanket/pillow, Twin extra long sheets
- Toothbrush, toothpaste, soap, deoderant, etc.
- Casual clothing/shoes for evening activities
- Stationary and stamps/important phone numbers
- Change for drink machines/pay phones
- Spending money for bowling, shopping, Ben & Jerry's
- Alarm clock/watch
- Cell Phone (optional)
- Towels
- Clean tennis clothes for 5 days (campers may need to change clothes daily between AM and PM sessions)

Camp Staff

The Carolina Tennis Staff is now one of the strongest ever. Sam Paul has over 20 years experience in running junior and adult camps. Brian Kalbas, former National Coach of the Year at William & Mary and Sam Paul serve as camp directors. Our 1:5 instructor to camper ratio ensures your son or daughter daily individualized instruction.

Sam Paul begins his 18th year as camp director. Paul is a five time ACC Coach of the Year and has led the Tar Heels to 14 NCAA berths in the last 15 years. Paul also coached Brad Pomeroy, Raian Luchici, Tripp Phillips and Nick Monroe who earned All-America status during their senior years. Phillips was ranked among the top 100 doubles players in the world, and Monroe is ranked in the ATP top 500 in singles. In 2007, Paul's team started the season 20-0 and achieved a top 10 final national ranking. The last three seasons UNC has compiled an impressive 70-16 overall record.



Brian Kalbas is in his sixth year as Head Women's Coach at North Carolina. Kalbas is a former National Coach of the Year at William & Mary.

Kalbas coached Sara Anundsen and Jenna Long to the NCAA Doubles Championship in 2007. In 2006 he led the Tar Heels to a school record 26 wins and were ranked as high as #5 in the country. Under Kalbas' direction, 15 of his teams have been ranked in the top 15 in the country. Kalbas earned his B.B.A. in 1989 from the University of Notre Dame. He played No. 1 singles there for three seasons.



Tripp Phillips is one of the most decorated tennis players to wear Carolina blue. He is also one of the rising stars in the coaching profession. In September 2006, Phillips reached the semifinals of the U.S. Open with doubles partner Ashley Fisher. Phillips is married to the former Laura Zuger of Charlotte, N.C.

In October, Phillips was named Assistant Coach at his alma mater. During his senior season, Phillips reached the quarterfinals of NCAA's, achieving All-America status in singles. He also was the recipient of the Patterson Medal which is awarded annually to the top student-athlete at the University of North Carolina.

Supervision

Our staff considers supervision of campers a 24-hour-a-day responsibility, and one we take very seriously. Campers are closely monitored when playing outdoors to encourage adequate fluid in-take and to prevent heat exhaustion. **Campers will also be accompanied by members of our staff at all tennis and non-tennis activities.** Parents may be assured that their children are in responsible hands at all times.

* Due to overcrowding, **no swimming** is allowed.

2009 Carolina Tennis School Application Form



Mail to:
Carolina Tennis School
510 Meadowmont Village Circle
Box 301
Chapel Hill, NC 27517-7584
Phone: 919-929-7000
info@carolinatennisschool.com

Please Print

Name: _____

(what you want to be called at camp)

Address: _____

City/State/Zip _____

School Currently Attending: _____

E-mail Address for Camp Correspondence: _____

Home Phone (parental contact): () _____

Work or Cellular Phone: () _____

Age at Camp _____ Sex (M) _____ (F) _____

Please indicate 1st and 2nd choice for 2009 camp dates below
Campers may opt to attend more than one session if space is available

Regular Sessions

Tournament Sessions

June 10-14 _____

June 15-19 _____

June 21-25 _____

June 28-July 2 _____

July 5-9 _____

July 12-16 _____

Brief Tennis History: _____

How did you hear about our camp? _____

Camp Fees: Overnight: \$650.00 _____ Day: \$370.00 _____

Payment in full is required with your application. In case of medical withdrawal from the camp, a full credit will be given for any 2010 camp session or a refund minus \$50 administrative fee.

Make check payable to: **Carolina Tennis School**

Roommate/Suitemate preference:

Adult T-Shirt Size (Circle one) S M L XL

Follow-up information will be sent via e-mail

If you do not receive an email within three weeks of mailing in your application, please contact us at info@carolinatennisschool.com