

## Required Insurance Information

All campers must have their own medical coverage. The Camp provides only excess coverage after your insurance policy has been utilized. Campers will not be allowed to play unless the following information is submitted and the form signed by the parent or guardian of the camper.

Camper/Policy Applicant Name: \_\_\_\_\_

Parent/Emergency Contact Name: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_

\_\_\_\_\_

Policy Number: \_\_\_\_\_

Emergency Contact Phone #: \_\_\_\_\_

\_\_\_\_\_

## Waiver Statement

I/We the undersigned, hereby certify that I (we) am (are) the parent or legal guardian of the camper. I hereby give permission for the staff of the Carolina Tennis School to seek, during the period of the camp, appropriate medical attention to be given and for the camper to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all costs of medical coverage policy.

I/We the undersigned, for ourselves, our heirs, executors and administrators, waive, release and forever discharge Carolina Tennis School and its staff, officers, agents, employees, representatives, successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participation in Camp activities or while at Camp, whether or not damages, injury or loss is due to negligence. I/We the undersigned, for ourselves, our heirs, executors and administrators, waive, release and forever discharge The University of North Carolina at Chapel Hill and its staff, officers, agents, employees, representatives, successors and assigns from any and all liability, claims, demands, actions and causes of actions whatsoever arising out of or related to any loss, personal injury or property damage that may be sustained or occur during participation in Camp activities or while at Camp.

\_\_\_\_\_

Date

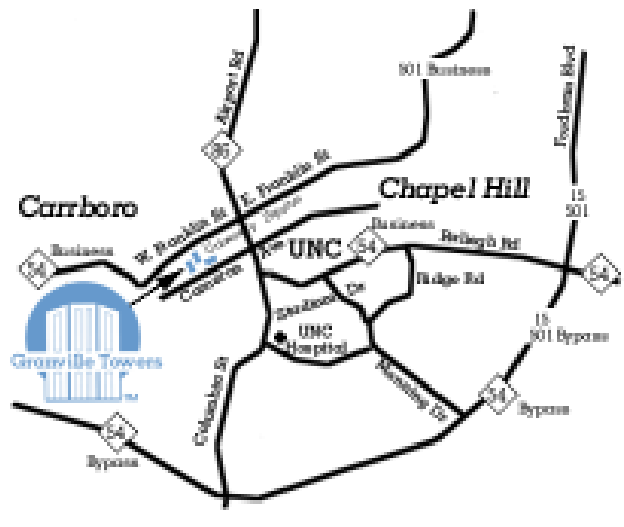
\_\_\_\_\_

Date

Each camper will be required to fill out a standard preparticipation physical evaluation form before arriving at camp. The form will be sent to you upon receipt of your application.



**Map to Granville Towers...  
Your Home During Tar Heel Tennis Camp**



CAROLINA TENNIS SCHOOL  
214 GLANDON ROAD  
CHAPEL HILL, NC 27514



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The Best Facilities and Instruction  
in America's #1 College Town!

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# **Carolina Tennis School**

**Summer 2012**

22nd Year at the  
**UNIVERSITY OF NORTH CAROLINA**

Directed by Coaches Sam Paul  
and Brian Kalbas



**Ages 9-17 (Day or Overnight Weeks 1, 2, 3, 5)**

<b>Week 1</b>	<b>June 10-14</b>
<b>Week 2</b>	<b>June 17-21</b>
<b>Week 3 (Tournament)</b>	<b>June 24-28</b>
<b>Week 4 (Day Camp Only)</b>	<b>July 1-5</b>
<b>Week 5 (Tournament)</b>	<b>July 8-12</b>

**Contact us through e-mail:**

**[info@carolinatennisschool.com](mailto:info@carolinatennisschool.com)**

**[www.carolinatennisschool.com](http://www.carolinatennisschool.com)**

## General Information

We are pleased to offer six sessions of tennis camps this year, two of which are designated tournament player camp for those players who are tournament level or high school players. Please register early as all weeks completely sold out last year. The Carolina Tennis School is designed for boys and girls **ages 9-17**. Individual instruction is provided by a one-to-five teacher-student ratio. **Normal camp sessions** (Non-tournament weeks) focus primarily on drills and technique with some match play. Applications are processed on a first-come, first-serve basis, as space is limited. Features of all camp sessions include:

- Video analysis of stroke production and technique
- Strategies for singles and doubles play
- Footwork, running and agility drills
- Camp t-shirt and certificate
- Round Robin Tournament

### Typical Daily Schedule

7:30 am ..... Breakfast  
8:30 am ..... Warm-up, Instructional Rotations  
11:30 am ..... Lunch/Rest Period  
2:00 pm ..... Drills/Match Play Rotations  
5:30 pm ..... Dinner/Rest Period

### Typical Evening Schedule

Day 1 ..... Groupings & Scheduling  
Day 2 ..... Movie Night  
Day 3 ..... Bowling  
Day 4 ..... Game Night

### What You Can Look Forward to...

- ◆ Air Conditioned Rooms at Granville Towers
- ◆ Granville's dining room offers all-you-can eat entrees and the following at every meal: salad/deli bar, ice cream/yogurt machine, cereal and fruit station.
- ◆ Tours of Franklin Street
- ◆ Bowling, Movies, Video Games, Ping Pong, Pool
- ◆ Daily stretching, flexibility and conditioning
- ◆ On site racquet stringing
- ◆ Exhibition match featuring ATP and college players
- ◆ Camp transportation to and from the courts
- ◆ State of the art video equipment and playback

## Overnight/Day Options

The overnight option includes three meals daily and an air conditioned double occupancy room. One roommate and two suitemates can be requested. Occasionally, space limitations may necessitate three campers sharing a room. The day option begins at 8:30 a.m. and ends at 5 p.m. Please drop off and pick up your child in the Indoor Tennis Center Lobby promptly. Lunch is included in the cost for day campers. The overnight session is \$680.00 and the day camp is \$410.00.

Campers will reside at Granville Towers once again this summer. This facility, located centrally on Franklin Street, is a popular off-campus residence for UNC students during the academic year. Campers will eat meals on-site at Granville's all-you-can eat dining room.

Family and friends are encouraged to attend our final camp session on the last day of camp (approximately 3:30 pm) at the Tennis Center. Special awards recognizing outstanding campers will also be presented. Parents are also welcome to watch their child play at any time during the week.

**\* Follow-up information/confirmation of enrollment will follow via E-MAIL.** Please make sure to include your e-mail on the application form.

## Tournament Player Camp

We have two weeks of tournament camp. These weeks are heavily oriented toward match play. Players who are on their high school tennis teams or have a current USTA state or sectional ranking make up the majority of the enrollment. This camp emphasizes the tactical and strategic side of tennis and focuses on singles and doubles matchplay. In addition, there will be a more intense fitness component where our world class trainers will work to improve footwork, movement, and flexibility. Each camper will have their play videotaped and analyzed.

## Items to Bring to Camp

### All Campers

- Tennis Shoes (No Running or Black Soled Shoes)
- 2 Racquets, if possible
- Grip Tape or string (optional)
- Visor/Baseball Cap/Sunscreen/Court Towels
- Extra t-shirts/socks
- Snack/souvenir money
- Water bottle/small jug

### Overnight Campers Only

- Bed linens/light blanket/pillow, Twin extra long sheets
- Toothbrush, toothpaste, soap, deoderant, etc.
- Casual clothing/shoes for evening activities
- Stationary and stamps/important phone numbers
- Change for drink machines/pay phones
- Spending money for bowling, shopping, Ben & Jerry's
- Alarm clock/watch
- Cell Phone (optional)
- Towels
- Clean tennis clothes for 5 days (campers may need to change clothes daily between AM and PM sessions)

## Camp Staff

The Carolina Tennis Staff is now one of the strongest ever. Sam Paul has over 20 years experience in running junior and adult camps. Brian Kalbas, former National Coach of the Year at William & Mary and Sam Paul serve as camp directors. Our 1:5 instructor to camper ratio ensures your son or daughter daily individualized instruction.

**Sam Paul** begins his 21st year as camp director. Paul is a five time ACC Coach of the Year and has led the Tar Heels to 16 NCAA berths in the last 17 years. Under Paul's direction, Tar Heel alumni have won a Wimbledon Doubles Championship, 24 ATP events and over 35 Challengers. In 2007, Paul's team started the season 20-0 and achieved a top 10 final national ranking. Paul was the recipient of the 2008 Bob Waters Award from his alma mater, Presbyterian given for outstanding leadership and service to society.



**Brian Kalbas** is in his ninth year as Head Women's Coach at North Carolina. Kalbas was named the 2010 ITA National Coach of the Year after leading the Tar Heels to the program's first NCAA Final Four. Kalbas' record setting team was ranked #1 in the country for five weeks during the 2010 season. North Carolina captured the ACC Regular Season Championship in 2010 and ACC Tournament title in 2011.



Kalbas coached Sara Anundsen and Jenna Long to the NCAA Doubles Championship in 2007. No stranger to success, Kalbas has now led his teams to top 15 final national rankings 16 times in his 19 year career. Kalbas was also named National Coach of the Year in 1998 during his 11 year tenure at William & Mary.



## Supervision

Our staff considers supervision of campers a 24-hour-a-day responsibility, and one we take very seriously. Campers are closely monitored when playing outdoors to encourage adequate fluid in-take and to prevent heat exhaustion. **Campers will also be accompanied by members of our staff at all tennis and non-tennis activities.** Parents may be assured that their children are in responsible hands at all times. \* Due to overcrowding, **no swimming** is allowed.

## 2012 Carolina Tennis School Application Form



Mail to:  
**214 Glandon Rd.**  
**Chapel Hill, NC 27514**

**Phone: 919-929-7000**  
**info@carolinatennisschool.com**

**\* You will receive all follow-up information and confirmation of enrollment via E-MAIL only!**

Name: \_\_\_\_\_  
(what you want to be called at camp)

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

School Currently Attending: \_\_\_\_\_

E-mail Address for Camp Correspondence: \_\_\_\_\_

Home Phone (parental contact): (     ) \_\_\_\_\_

Work or Cellular Phone: (     ) \_\_\_\_\_

Age at Camp \_\_\_\_\_ Sex (M) \_\_\_\_\_ (F) \_\_\_\_\_

Please indicate 1st and 2nd choice for 2011 camp dates below  
Campers may opt to attend more than one session if space is available

**Regular Sessions**

**Tournament Sessions**

**June 10-14** \_\_\_\_\_

**June 24-28** \_\_\_\_\_

**June 17-21** \_\_\_\_\_

**July 8-12** \_\_\_\_\_

**July 1-5** \_\_\_\_\_ (DAYCAMPER ONLY)

Brief Tennis History: \_\_\_\_\_

How did you hear about our camp? \_\_\_\_\_

**Camp Fees:** Overnight: \$680.00 \_\_\_\_\_ Day: \$410.00 \_\_\_\_\_

**Payment in full is required with your application. In case of medical withdrawal from the camp, a full credit will be given for any 2013 camp session or a refund minus \$50 administrative fee.**

Make check payable to: **Carolina Tennis School**

Roommate/Suitemate preference: \_\_\_\_\_

**Adult T-Shirt Size (Circle one)    S    M    L    XL**

If you do not receive an email within three weeks of mailing in your application, please contact us at [info@carolinatennisschool.com](mailto:info@carolinatennisschool.com)